

Smoothie Kings's Low Carb Smoothie Options

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Small Size	Total Carbs	Fiber	Net Carbs	Protein
Gladiator Vanilla	3	2	1	45
Gladiator Strawberry	4	3	1	45
Gladiator Chocolate	5	3	2	45
Keto Champ Coffee	14	7	7	24
Keto Champ Chocolate	18	7	11	25
Keto Champ Berry	19	10	9	23
The Aviator Chocolate	21	3	18	26
The Aviator Coffee	24	3	21	29
The Aviator Strawberry Banana	24	4	20	23
The Shredder Vanilla	17	4	13	32
The Shredder Chocolate	19	5	14	33
Lean1 Vanilla	22	9	13	21
Slim-N-Trim Strawberry	26	7	19	14
Lean1 Strawberry	27	10	17	19
Lean1 Chocolate	28	13	15	20

Medium Size	Total Carbs	Fiber	Net Carbs	Protein
Gladiator Vanilla	3	2	1	45
Gladiator Strawberry	4	3	1	45
Gladiator Chocolate	5	3	2	45
Keto Champ Coffee	23	12	11	37
Keto Champ Chocolate	28	12	16	39
Keto Champ Berry	30	15	15	36
The Shredder Vanilla	25	6	19	49
The Shredder Chocolate	25	7	18	47
Lean1 Vanilla	34	14	20	31

Large Size	Total Carbs	Fiber	Net Carbs	Protein
Gladiator Vanilla	3	2	1	45
Gladiator Strawberry	4	3	1	45
Gladiator Chocolate	5	3	2	45
Keto Champ Coffee	29	15	14	47
The Shredder Chocolate	31	9	22	60